

# NNHF Community Award 2016: Dr Aziza Makhmudova, Uzbekistan

The NNHF Community Award goes to a person or group whose engagement is making an outstanding contribution to the haemophilia community. We consider nominees from all over the world for this honour.

It was 2005 when the first meeting between the NNHF and Dr Aziza Makhmudova occurred. Practically the first thing Dr Makhmudova said was: "I will not give up until my government supports and provides adequate care for people with haemophilia in my country."

At the time, basic care for people with haemophilia in Uzbekistan was only available in Tashkent and health outcomes for patients were poor. But just over ten years later, Uzbekistan stands as an example of excellence to countries across Central Asia. These great strides in care have come largely because of the persistent dedication of Dr Makhmudova, and we are proud to recognise her contribution with the NNHF Community Award 2016.

## Creating impact through dedication and leadership

Dr Makhmudova has been an NNHF partner for over a decade. She has led four highly successful projects and with each project, her reach and impact has expanded. Take a look at the remarkable progression of her work on pages 37, which has encompassed four projects and resulted in the decentralisation of care. This has been a remarkable progression that has dramatically changed the haemophilia landscape in Uzbekistan.

Over the years, Dr Makhmudova has shown more than just dedication. She is a master of collaboration, sharing her experiences at congresses and building a foundation of a care community throughout Asia. She is also a dynamic manager, giving younger physicians the opportunity to act as leaders.



Dr Makhmudova with her award in her office at the haemophilia centre in Tashkent.



Dr Makhmudova (second from left) receives the Community Award from NNHF general manager Susanne Brandl and programme manager Shady Sedhom.

## Driving change for a better future

A child born with haemophilia in Uzbekistan today will have better care, better education, and a better chance of a normal life as compared to a child 15 years ago – and that change is largely driven by Dr Makhmudova. She is a remarkable example of the wide-ranging impact that a person can have. We are proud to be her partner, and proud to present her with the NNHF Community Award 2016.



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**"I cannot say what I am most proud of – all I know is that I cannot go without this work and cannot imagine working anywhere else. For me, the 1,500 patients are my children and my hope is that there will be a day when, through good care and treatment, we have eliminated the complications caused by haemophilia."**

## Dr Makhmudova

NNHF Community Award 2016 winner